



**CARITAS
ANCHOR
HOUSE**

learning and
development
academy

Leadership for Life



Young people face a complex journey as they move towards independent adulthood. Increasingly there is a need for holistic support for young people that utilises their own abilities, innovation and potential. Without this holistic support, young people often lack ambition and struggle to open up their minds to new possibilities. This in turn, affects their view of themselves and their workplace potential.

The Leadership for Life programme

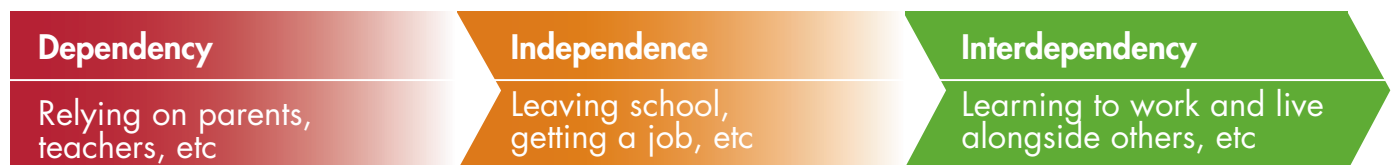
Taking young people out of their comfort zone and introducing them to leadership skills in a supportive context can have great impact, including increasing confidence and self-esteem. They have a greater sense of their leadership potential, communicate more confidently and are clearer about what they want their lives to be.

For young people and school students, **this programme will equip them with life skills that will propel them forward** as they take their first steps into adulthood. Some participants will go on to further education whilst others will move straight into jobs or the development of their own business.

The programme comprises 8 individual modules:

- Establishing self-belief
- Developing personal effectiveness
- Thinking creatively
- Performing under pressure
- Building relationships
- Communicating confidently
- Leading and inspiring others
- Working in teams

The programme has been formulated on established authors and thinkers including Dale Carnegie, Tom Peters, Tony Robbins, Stephen Covey and Peter Drucker and is designed to form part of the core ethos of all educational establishments and the communities they serve.



The eight programme modules can be delivered over eight weeks (a term), over two terms or even three. **You decide.** The cost of our leadership development programme is;

Option 1: £1,850, Option 2: £3,700, Option 3: £14,800 with a unit cost of just **£59.20** per pupil dependent upon numbers attending.

So, if you'd like to find out more please do call us on **020 7476 6062** and ask for **Guy Insull** or mail us on **academy@caritasanchorhouse.org.uk**

Thank you

